

The Lord's Supper

Mark 14:22-26

A three-year old little boy was intrigued watching his priest serve communion to the congregation. When the priest finished, he wiped the chalice very carefully with a cloth. The little boy turned to his mother and said:

“Mommy, he’s doing the dishes—can we go home now?”

I wish we were like that little boy and were more intrigued by the Lord’s Supper, in that we remember it represents the terrible suffering our Lord experienced so that we could have eternal life.

Our Lord Jesus Christ came together with His disciples for the Passover Meal. It was a special time with them. He would take the basic elements of the Passover Meal and transform it into a memorial of His sacrificial death.

1. The bread—“blessed and broke it” (14:22b)

“As they were eating, He took bread, blessed and broke it, gave it to them, and said, ‘Take it; this is My body.’”

- **Jesus was sharing this significant meal with His closest friends, remembering how God supernaturally delivered His people from slavery. During the meal, Jesus took unleavened bread, blessed it, and gave it to them, telling them to remember that it represented His body sacrificed for them. His sacrificial death would deliver them from slavery to sin.**

- **The Lord’s Supper, or Communion, is for God’s people; for followers of Christ. Only we can fully appreciate what our Savior did for us by dying in our place on the cross. He was “broken” for us, so that we could be made whole. He died so that we could live. Our Lord wants you to eat the bread and remember His body given as a sacrifice for our sin and guilt.**
- 2. **The cup—“giving thanks, He gave it to them” (14:23-24)**

“...He took a cup, and after giving thanks, He gave it to them, and so they all drank from it. He said to them, ‘This is My blood that establishes the covenant: it is shed for many.’”

- **There are four cups used during the Passover Meal. Each cup represents four promises God made to His people in the Book of Exodus. Jesus took the third cup, the cup of redemption, and said that it represented His blood that was shed for the forgiveness of sin and guilt.**
- **When you drink of the cup, it represents the blood of Jesus which cleanses you from sin and guilt; from sin and death. Through Christ’s death on the cross, we are redeemed—set free from slavery to sin. The new covenant is Jesus’ blood bringing salvation to all who would accept it.**

**Jesus wants you and me, His followers, to eat the bread
and drink the cup which reminds us of His sacrificial death
on the cross.**